



**Northern Light**  
Eastern Maine Medical Center

## Champion the Cure Challenge 12 Mile Bicycle Route\*

1. Turn left onto Dirigo Drive 0.1 miles
2. Turn Right onto Sparks Avenue (Go through light, becomes Pierce Avenue) 0.6 miles
3. Turn Right onto Eastern Avenue 1.9 miles
4. Turn Left onto Lambert Road 2.3 miles
5. Turn Left onto Day Road 3.4 miles
6. Turn right onto Route 178/9 5.0 miles
7. 12 Mile Rest Stop and Turn Around at North Brewer - Eddington United Methodist Church
8. Leave Stop by turning left onto Route 178/9
9. Turn Left onto Day Road 6.9
10. Turn Right onto Lambert Road 8.6
11. Turn Right onto Eastern Avenue 9.6
12. Turn Left onto Pierce Road (becomes Sparks Avenue) 10 miles
13. Turn Left onto Dirigo Drive 11.3 miles
14. Turn Right onto Whiting Hill Road 12 miles

\*All mileage approximate

### Safety Information:

In case of emergency, call 911.

For en route support, call 207-356-6050.



### BIKE SUPPORT

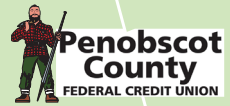
**PAT'S BIKE SHOP**



### REST STOP SPONSORS



White House Inn



**12 Mile Turnaround**  
North Brewer -  
Eddington United  
Methodist Church  
31 Main Road  
REVERSE DIRECTION  
Sponsored by:  
Fireside Inn





Northern Light<sup>SM</sup>

Eastern Maine Medical Center

# Champion the Cure Challenge

## 26.6 Mile Bicycle Route\*

1. Turn left onto Dirigo Drive 0.1 miles
2. Turn Right onto Sparks Avenue (Go through light, becomes Pierce Avenue) 0.6 miles
3. Turn Right onto Eastern Avenue 1.9 miles
4. Turn Left onto Lambert Road 2.3 miles
5. Turn Left onto Day Road 3.4 miles
6. Turn right onto Route 178/9 5.0 miles
7. 12 Mile Rest Stop and Turn Around at North Brewer-Eddington United Methodist Church
8. Turn right onto Route 9 leaving rest stop
9. Turn slight left on Route 178 6.1 miles
10. 25 Mile Rest Stop and Turnaround at Bradley Town Office 13.3 miles
11. Leave Stop by Turning Right onto Route 178
12. Turn Right onto Route 178/9 20.5 miles
13. Turn Left onto Day Road 21.6 miles
14. Turn Right onto Lambert Road 23.2 miles
15. Turn Right onto Eastern Avenue 24.3 miles
16. Turn Left onto Pierce Road (becomes Sparks Avenue) 24.7 miles
17. Turn Left onto Dirigo Drive 26 miles
18. Turn Right onto Whiting Hill Road 26.5 miles
19. Arrive at Finish 26.6 miles

\*All mileage approximate

### Safety Information:

In case of emergency, call 911.

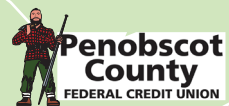
For en route support, call 207-356-6050.



**BIKE SUPPORT**  
**PAT'S BIKE SHOP**



### REST STOP SPONSORS





# Northern Light

Eastern Maine Medical Center

## Champion the Cure Challenge

### 50 Mile Bicycle Route\*

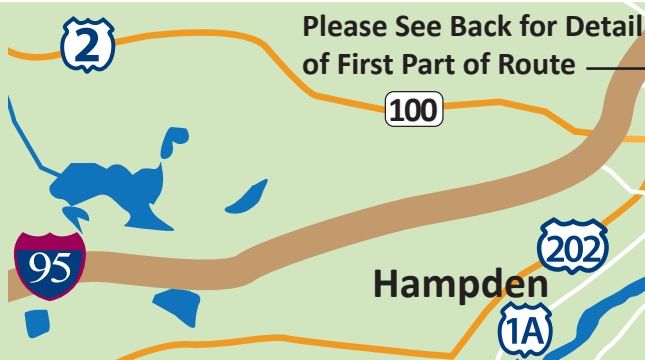
1. Turn left onto Dirigo Drive 0.1 miles
2. Turn Right onto Sparks Avenue (Go through light, becomes Pierce Avenue) 0.6 miles
3. Turn Right onto Eastern Avenue 1.9 miles
4. Turn Left onto Lambert Road 2.3 miles
5. Turn Left onto Day Road 3.4 miles
6. Turn right onto Route 178/9 5.0 miles
7. 12 Mile Rest Stop and Turnaround at North Brewer Eddington United Methodist Church
8. Turn right onto Route 9 leaving rest stop
9. Turn slight left on Route 178 6.1 miles
10. Rest Stop at Bradley Town Office 13.3 miles
11. Take Right onto US-2 at light (RR crossing) 15.2 miles
12. Pass Rest Stop at Greenbush Boat Launch 24 miles
13. Go 1 mile North on Route 2 to sign 25 miles
14. Turn Around and Return to Rest Stop
15. Rest Stop at Greenbush Boat Launch 26 miles
16. Take Right onto Route 2 (heading South)
17. Turn Left onto Route 178 34.8 miles
18. Rest Stop and 25 Mile Turnaround Bradley Town Office 36.7 miles
19. Take Right onto Route 178 which turns into Route 9 toward Brewer 43.9 miles
20. Turn Left onto Day Road 45 miles
21. Turn Right onto Lambert Road 46.6 miles
22. Turn Right onto Eastern Avenue 47.7 miles
23. Turn Left onto Pierce Road (becomes Sparks Avenue) 48.1 miles
24. Turn Left onto Dirigo Drive 49.4 miles
25. Turn Right onto Whiting Hill Road 49.9 miles
26. Arrive at Finish 50 miles

\*All mileage approximate

#### Safety Information:

In case of emergency, call 911.

For en route support, call 207-356-6050.





Northern Light<sup>SM</sup>

Eastern Maine Medical Center

# Champion the Cure Challenge

## 75 Mile Bicycle Route\*

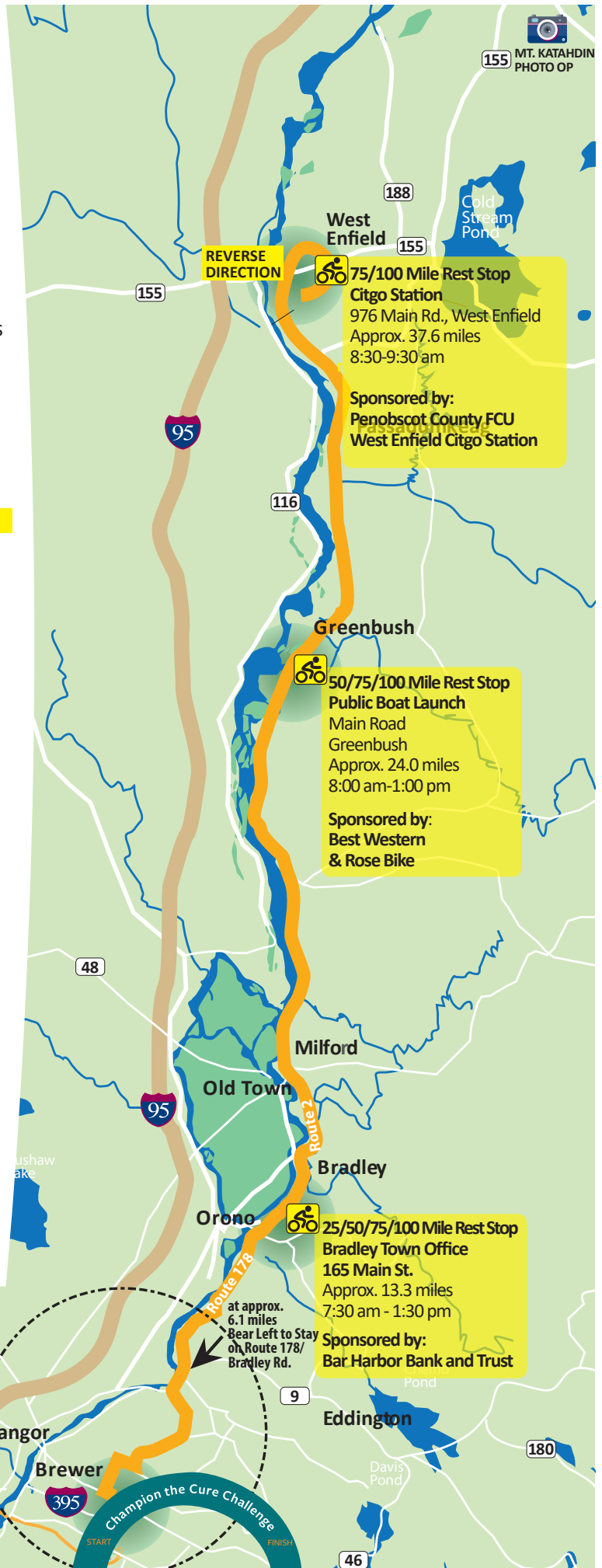
1. Turn left onto Dirigo Drive 0.1 miles
2. Turn Right onto Sparks Avenue (Go through light, becomes Pierce Avenue) 0.6 miles
3. Turn Right onto Eastern Avenue 1.9 miles
4. Turn Left onto Lambert Road 2.3 miles
5. Turn Left onto Day Road 3.4 miles
6. Turn right onto Route 178/9 5.0 miles
7. 12 Mile Rest Stop and Turnaround at North Brewer Eddington United Methodist Church
8. Turn right onto Route 9 leaving rest stop
9. Turn slight left on Route 178 6.1 miles
10. Rest Stop at Bradley Town Office 13.3 miles
11. Take Right onto Route 2 at light (RR crossing) 15.2 miles
12. Rest Stop Greenbush Boat Launch 24 miles
13. Continue North on Route 2 toward Lincoln
14. Rest Stop West Enfield Citgo Station 37.6 miles  
MAKE TURN AROUND TO RETURN HERE
15. Continue South on Route 2
16. Rest Stop Greenbush Boat Launch 51.4 miles
17. Turn Right onto Route 178
18. Rest Stop Bradley Town Office 62.1 miles
19. Turn Right onto Route 178 which turns into Route 9 toward Brewer
20. Turn Left onto Day Road 72 miles
21. Turn Right onto Lambert Road 73.1 miles
22. Turn Right onto Eastern Avenue 73.5 miles
23. Turn Right onto Pierce Road 74.8 miles
24. Turn Left onto Dirigo Drive 74.9 miles
25. Turn Right onto Whiting Hill Road
26. Arrive at Finish 75 miles

\*All mileage approximate

### Safety Information

In case of emergency, call 911.

For en route support, call 207.356.6050



Please See Back for Detail of First Part of Route

at approx. 6.1 miles Bear Left to Stay on Route 178/Bradley Rd.

Champion the Cure Challenge





# Northern Light

Eastern Maine Medical Center

## Champion the Cure Challenge

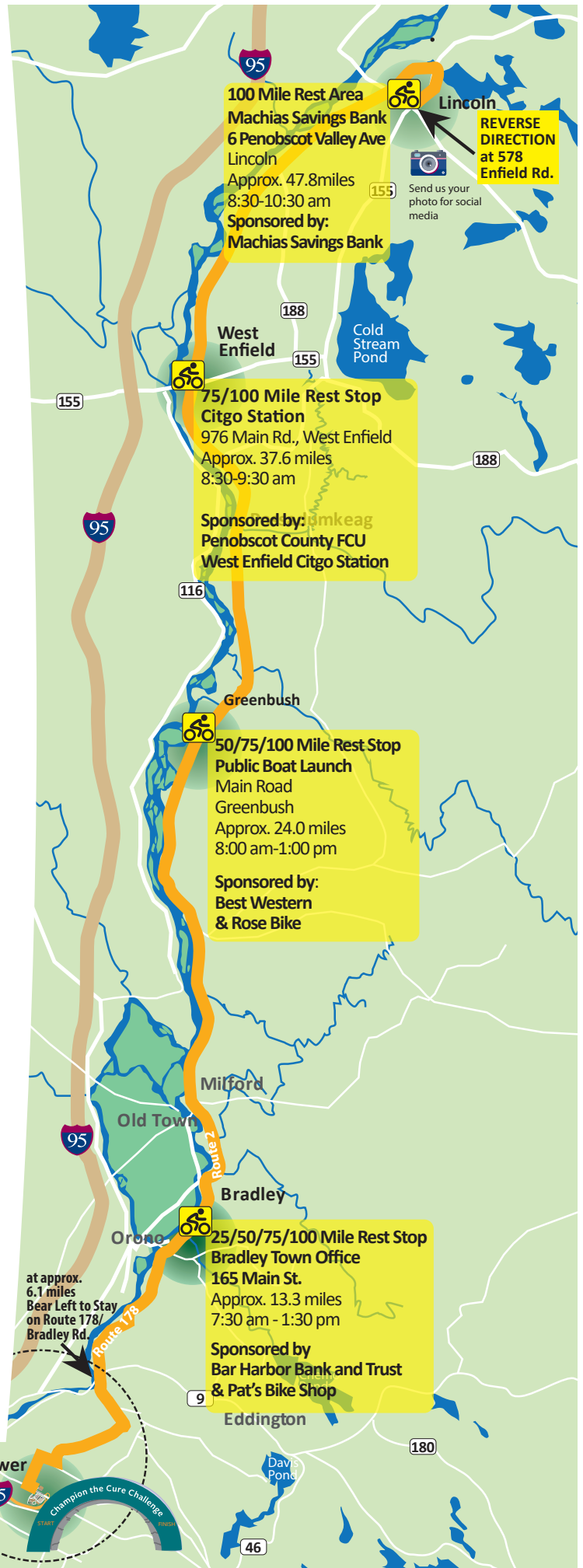
### 101 Mile Bicycle Route\*

1. Turn left onto Dirigo Drive 0.1 miles
2. Turn Right onto Sparks Avenue (Go through light, becomes Pierce Avenue) 0.6 miles
3. Turn Right onto Eastern Avenue 1.9 miles
4. Turn Left onto Lambert Road 2.3 miles
5. Turn Left onto Day Road 3.4 miles
6. Turn right onto Route 178/9 5.0 miles
7. 12 Mile Rest Stop and Turnaround at North Brewer Eddington United Methodist Church
8. Turn right onto Route 9 leaving rest stop
9. Turn slight left on Route 178 6.1 miles
10. Rest Stop at Bradley Town Office 13.3 miles
11. Take Right onto Route 2 at light (RR crossing) 15.2 miles
12. Rest Stop Greenbush Boat Launch 24 miles
13. Continue North on Route 2 toward Lincoln
14. Rest Stop West Enfield Citgo Station 37.6 miles
15. Continue North on Route 2 toward Lincoln
16. Turn Right onto Penobscot Valley Drive 47.8 miles at the 100 mile turnaround
17. Rest Stop at Machias Savings Bank, 6 Penobscot Valley Ave
18. Turn Right onto Route 155/Enfield Road 48.5 miles
19. Follow about 2 miles to turn around at 578 Enfield Rd. 50.5 miles
20. Rest Stop (Mt. Katahdin photo opportunity)  
Turn around and head back toward Penobscot Valley Hospital
21. Turn Left onto Penobscot Valley Avenue 52 miles
22. Take Left onto Route 2 52.7 miles
23. Rest Stop West Enfield Citgo Station 62.8 miles
24. Continue on Route 2
25. Rest Stop Greenbush Boat Launch 76.5 miles
26. Turn right onto Route 178 which turns into Route 9 85.3 miles
27. Rest Stop Bradley Town Office 87.2 miles
28. Turn Left onto Route 178 toward Brewer 94.4 miles
29. Turn Left onto Day Road 95.5 miles
30. Turn Right onto Lambert Road 97.1 miles
31. Turn Right onto Eastern Avenue 98.2 miles
32. Turn Left onto Pierce Road (becomes Sparks Avenue) 98.6 miles
33. Turn Left onto Dirigo Drive 99.5 miles
34. Turn Right onto Whiting Hill Road 100.4 miles
35. Arrive at Finish 101 miles

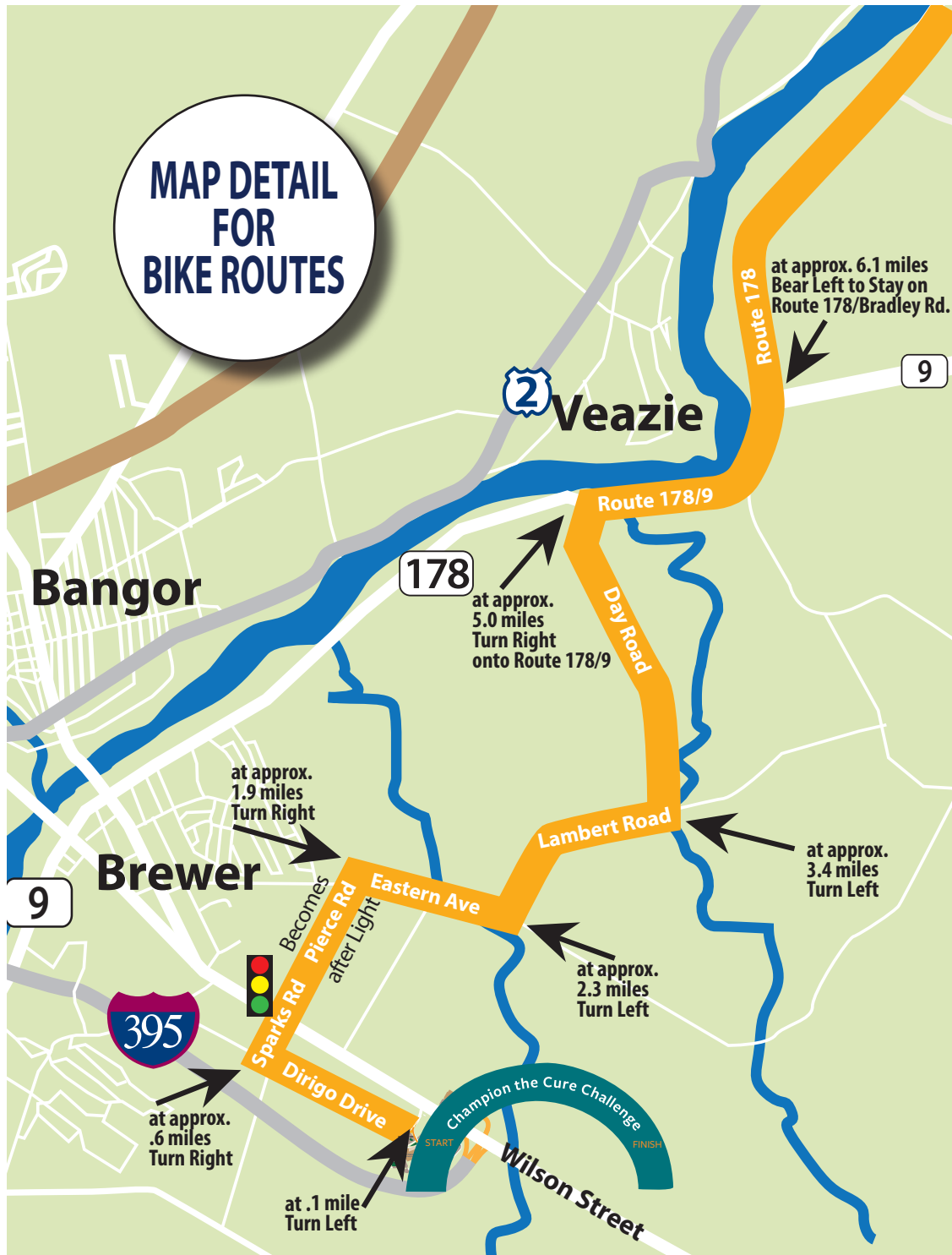
\*All mileage approximate

**Safety Information:** In case of emergency, call 911.

For en route support, call 207.356.6050



**MAP DETAIL FOR BIKE ROUTES**



[www.strava.com](http://www.strava.com)  
**The Social Network for Athletes**

Connect with friends and make the most of every run and ride

**Q** What is Strava?  
**A** It is the social network for athletes. Millions of cyclists from all over the world use Strava to track their performance and connect with each other.

**Q** How does a Strava segment work for the Challenge?  
**A** Participants are invited to participate in a friendly competition using the Strava mobile app.

**iPhone:** <http://itunes.apple.com/us/app/strava-cycling/id426826309?mt=8>  
**Android:** [https://market.android.com/details?id=com.strava&feature=search\\_result](https://market.android.com/details?id=com.strava&feature=search_result)  
**Web:** <http://www.strava.com/>

Participants will compete for Challenge prizes which are awarded to the fastest male and female athlete combined time over two segments. Additional prizes will be awarded at random to all those that participate in the Strava segments.

**Many CTCC Riders Competed on Strava in 2019!**

- Champion the Cure Challenge 2019 Segment 1:  
<https://www.strava.com/segments/15585664>
- Champion the Cure Challenge 2019 Segment 2:  
<https://www.strava.com/segments/15585678>
- Champion the Cure Challenge 2019 Segment 3:  
<https://www.strava.com/segments/15585684>

Champion the Cure Challenge  
[www.ctcchallenge.org](http://www.ctcchallenge.org)  
 207.973.5055



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**Bike Support:**



**Rest Stop Sponsors:**



Each rest stop will have a bike shop available to assist riders. In case of emergency, please dial 911.